



T.E.D.™ Anti-Embolism Stockings

DVT Prevention for your patient

How to measure

Studies that proved the clinical effectiveness of T.E.D.™ anti-embolism stockings used thigh length styles. Select thigh length wherever possible unless knee length is more appropriate to patient condition.^{1,2,3}



1 Measure Upper Thigh Circumference

If thigh circumference is less than 91.4cm, choose: Thigh length or Thigh length with belt

2 Measure Calf Circumference at greatest point

3 Measure distance from Buttock Fold to Heel

If Upper Thigh Circumference is 91.4cm or more choose: Knee length

2 Measure Calf Circumference at greatest point

4 Measure distance from behind Knee to Heel

Fitting guide



Put hand inside stocking and grab heel pocket.



Pull stocking inside out.



Place stocking over foot. Align inspection toe hole to fall under toes. Ensure patient's heel is centred in the heel pocket.



After calf portion is applied start rotating stocking inward where the break in pressure occurs, so that the gusset is placed over the femoral artery (slightly towards the inside of the thigh). The stitch change in the thigh length should be positioned 3-5cm below knee (for knee length style, position top 3-5cm below knee).

Download the **FREE T.E.D.™ APP** and discover sizing and application procedures.



Selection guide

Thigh length Style



Thigh Circumference 1	Calf Girth 2	Leg Length	Code	Size	Colour	
					Toe	Top
Less than 63.5cm	Less than 30.5cm Small	Less than 74cm Short	3071LF	A		
		74cm to 84cm Regular	3130LF	B		
		84cm or more Long	3222LF	C		
	30.5 to 38cm Medium	Less than 74cm Short	3310LF	D		
		74cm to 84cm Regular	3416LF	E		
		84cm or more Long	3549LF	F		
63.5 to 81.3cm	38 to 44.5cm Large	Less than 74cm Short	3634LF	G		
		74cm to 84cm Regular	3728LF	H		
		84cm or more Long	3856LF	J		
63.5 to 81.3cm	44.5 to 54.6cm Extra Large Plus	Less than 74cm Short	4010LF	K		
		74cm to 84cm Regular	4114LF	L		
		84cm or more Long	4216LF	M		
81.3 to 91.4cm	54.6 to 66cm Extra Extra Large	Less than 74cm Short	3180LF	N		
		74cm to 84cm Regular	3181LF	P		
		84cm or more Long	3182LF	Q		
81.3 to 91.4cm	54.6 to 66cm Extra Extra Large	Less than 74cm Short	3183LF	R		
		74cm to 84cm Regular	3184LF	S		
		84cm or more Long	3185LF	T		

IMPORTANT - to ensure your patient gets the right levels of compression, it is essential to take accurate measurements. By following the measuring guide you will be able to select the correct style and size of stocking.

Thigh length with Belt Style



Thigh Circumference 1	Calf Girth 2	Leg Length 3	Code	Size	Colour	
					Toe	Top
Less than 63.5cm	Less than 25cm Extra Small	Less than 71cm Regular	3306	AA+		
		71cm & more Long	3320	BB+		
		Less than 72cm Regular	3039-	A+		
	25 to 30.5cm Small	72cm & more Long	3364	B+		
		Less than 72cm Regular	3144	C+		
		72cm & more Long	3449	D+		
63.5 to 81.3cm	38 to 44.5cm Large	Less than 74cm Regular	3221	E+		
		74 cm & more Long	3523	F+		
		Less than 72cm Regular	3922	G+		
63.5 to 81.3cm	44.5 to 54.6cm Extra Large	72cm & more Long	3995	H+		

Stockings should be laundered every 2 to 3 days, unless soiled (in case they should be cleaned/replaced immediately). Laundering increases the length of service by removing body secretions from the elastic threads.

Knee length Style



Calf Girth 2	Leg Length 4	Code	Size	Colour	
				Toe	Top
Less than 30.5cm Small	Less than 43cm Regular	7071-	A-		
	43cm & more Extra Long	7339	B-		
30.5 to 38cm Medium	Less than 43cm Regular	7115	C-		
	43cm & more Extra Long	7480	D-		
38 to 44.5cm Large	Less than 46cm Regular	7203-	E-		
	46cm & more Extra Long	7594	F-		
44.5 to 51cm Extra Large	Less than 46cm Regular	7604-	G-		
	46cm & more Extra Long	7802-	H-		
51 to 58.4cm Extra Extra Large	Less than 46cm Regular	7470LF	J-		
	46cm & more Extra Long	7471LF	K-		
58.4 to 66cm Extra Extra Extra Large	Less than 46cm Regular	7472LF	L-		
	46cm & more Extra Long	7473LF	M-		

CONTRA-INDICATIONS: Massive oedema of leg or pulmonary oedema from congestive heart failure; severe arteriosclerosis or other ischaemic vascular disease; extreme deformity of the leg. Any local leg conditions in which stockings would interfere, such as:

- 1) Dermatitis
- 2) Vein Ligation (immediate postoperative)
- 3) Gangrene
- 4) Recent Skin Graft

References

1. Sigel B., et al. Type of Compression for Reducing Venous Stasis. Archives of Surgery. 1975; 110: 171-175.

2. Ishak, M.A. and Morley, K.D. Deep venous thrombosis after total hip arthroplasty: a prospective controlled study to determine the prophylactic effect of graded pressure stockings Br. J. Surg 1981; 68: 429-432.

3. Coleridge-Smith PD, et al. Deep Vein Thrombosis: Effect of Graduated Compression Stockings on Distension of the Deep Veins of the Calf. British Journal of Surgery. June 1991. Vol 78, No. (6): 724-726.

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