

Product Specifications

How to Wash Your Hands Poster, A2 (Laminated)

- **Clear, easy-to-follow visuals** – Features the 7-step handwashing method based on WHO and NHS guidelines.
- **Durable laminated A2 size (420 × 594 mm)** – Perfect for use in bathrooms, kitchens, healthcare settings, and food preparation areas.
- **Educational and compliance-focused** – Supports workplace hygiene and safety standards (HSE / EN 1500).
- **Reusable and easy to clean** – Wipeable surface resists damage, ideal for high-traffic environments.
- **Promotes wellbeing and reduces illness** – Encourages proper hygiene habits to help prevent infection and minimise absenteeism.

This clear, durable, and regulation-aligned **How to Wash Your Hands Poster** is essential for any workplace, café, school, hospital, or food-service kitchen. Designed to promote proper hand hygiene, it helps reduce the spread of illness while supporting legal and industry hygiene standards. **What the Poster Covers 1. Step-by-Step Handwashing Technique** Follows WHO and CDC guidance, demonstrating each stage: wet hands, apply soap, lather all surfaces (palms, backs, between fingers, thumbs, fingertips, wrists), rinse, dry, and turn off tap with a towel. **2. Recommended Duration** Encourages washing for 20–30 seconds—about the time it takes to sing “Happy Birthday” twice—for effective germ removal. **3. When to Wash** Identifies key hygiene moments: before food handling, after using the toilet, coughing or sneezing, caring for wounds, waste handling, and animal contact. **4. Why It Matters** Explains the proven benefits of handwashing: removing viruses and bacteria, lowering infection rates, reducing absenteeism, and saving lives. **5. When to Use Hand Sanitiser** Advises using alcohol-based hand rubs (minimum 60% alcohol) when soap and water aren’t available and hands are not visibly dirty. **6. Avoiding Recontamination** Recommends turning off taps and opening doors with a paper towel to maintain clean hands. **Key Benefits**

- **Compliance-Driven** - Meets standards from HSE, EN 1500, and WHO, ideal for supporting audits and workplace obligations.
- **Cost-Effective Reinforcement** - A constant visual cue for staff, visitors, and the public, reducing the risk of cross-contamination in high-traffic areas.
- **Durable & Wipe-Clean** - Laminated A2 size (420 × 594 mm) resists water, grease, and wear, perfect for long-term use in kitchens, clinics, and restrooms.
- **Accessible & Educational** - Communicates important health messaging clearly across all ages, languages, and literacy levels.

Perfect For:

- Commercial kitchens, cafés, and restaurants
- Hospitals, GP surgeries, care homes, and dental clinics
- Schools, nurseries, and childcare centres
- Offices, warehouses, public washrooms
- At home—especially for new parents or vulnerable individuals

Why Choose This Poster? Professional, easy to understand, and compliant with public health regulations, this hygiene poster does more than inform. It builds awareness, encourages better habits, and visibly demonstrates your commitment to health and safety. Upgrade your hygiene toolkit with a practical, high-impact solution that makes a real difference.


How To Wash Your Hands
User-friendly
laminated poster


How To Wash Your Hands
Compliant
with UK Guidelines